Acne and Rosacea Society of Canada

Acne, Rosacea
Common skin conditions affecting 8 million Canadians

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www.acneaction.ca and www.rosaceahelp.ca

Types
Both mostly on the face, affect appearance, may cause significant emotional distress, scarring

Causes
Acne mostly hormones, genetics. Rosacea unknown.

Impact on the Patient's Quality of Life
Social anxiety, poor self-esteem, shame, anger, anxiety, depression

• 3 in 10 young people get moderate acne, often need medical help
• Rate of depression in acne patients is 10%
• 2 in 3 diagnosed with rosacea are women
• 75% of rosacea patients report low self-esteem

Treatment and Care of Condition
Acne is chronic but can be successfully treated in virtually every case
Rosacea is chronic, no cure, but treatment, lifestyle changes can control symptoms

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