ITCHING FOR RELIEF

A National Report on the Patient Journey for Chronic Spontaneous Urticaria (CSU)

83
Participants

8
Canadian Provinces

A total of 83 participants completed the survey, who either had CSU or were caregivers for individuals with CSU

96.4%
Participants with CSU

79%
Female Participants

3.6%
Caregivers

51 years
Average Age

SLEEP

31.3%
slept an average of 5 hours or less per night

83.6%
report a moderate to very severe impact on sleep

DAILY FUNCTION

63.6%
Avoid social interactions

63%
report a moderate to severe impact on one's career

MENTAL HEALTH

30.6%
had thoughts of not wanting to be alive

81.8%
report a moderate to severe impact on one's mental health

TREATMENT

77.2%
had no knowledge of upcoming treatments

55%
Pay for 2 or more treatments monthly

> *"CSU has definitely changed my life. It is even more frustrating that the so-called experts don't understand it. My daughter has been affected too, seeing her mom sick."*
> *—Participant with CSU*

Unite.
Educate.
Empower.

ACSPA
APCD
Canadian Skin Patient Alliance
Alliance canadienne des patients en dermatologie

Unir.
Éduquer.
Dynamiser.